

Food and Nutrition Security- Enhanced Resilience

Save the Children's 'Food and Nutrition Security—Enhanced Resilience' project¹, delivered in Kenya's north-western Turkana County, is a nutrition sensitive livelihood initiative that seeks to demonstrate that strengthening livelihoods can be a means to improve nutrition in children under the age of five. Two years' into the project, Save the Children has analysed the impact of utilising Savings Group platforms in a drought prone zone, to strengthen nutrition outcomes for children.



TURKANA COUNTY²

94% of households live in **POVERTY**

Malnutrition rates are among the **HIGHEST** in the country.

Experiences frequent, successive and prolonged spells of drought

23%
Children are wasted

34%
Children are underweight

Global acute malnutrition is increasing³

ILLITERACY levels among women stand at **75%**

2015 **21%** ↑ 2017 **25%**

Save the Children established **40 Group Savings and Loan Association (GSLA)** groups, with **1,203 members**—all women with children under the age of five.

8,234,380 KES has been saved by the groups

with a cumulative loan value of **9,212,320 KES**

1,380,885 KES Saved in safety net 'social funds'

The groups were provided with **entrepreneurship and business training**, as well as **Maternal, Infant and Young Child Nutrition (MIYCN)** sensitisation sessions.

93% Of members have accessed a loan

After 18 months in a group, members had:

Six months into one of Kenya's worst droughts⁴, members'...

93% increase in net household income

Increased household expenditure on food by **262%**

...household net income continued to increase

...as did household expenditure on food.



While **urban groups** have the highest net income increase...

...**rural group** members increase the amount they spent on food per month by the greatest amount.



When well facilitated, **communities have the resources to change their lives positively.**

References

¹ Running from January 2016—December 2017

² All data on Turkana County from the Kenya Demographic and Health Survey 2014, unless otherwise specified

³ Save the Children, A Cost of the Diet Analysis in Turkana County, Kenya (2017)

⁴ This takes data from groups between January and June 2017

Save the Children delivered this programme in partnership with the Turkana County Government, with generous funding from GIZ.

For more information, opportunities to collaborate, and scale-up plans, contact Save the Children Kenya's Director of Programme Development and Quality, Jane Mutua: Jane.Mutua@savethechildren.org

